

**550 PARTICIPANTS ENROLLED**

Patients from these GP Surgeries took part

**BRISTOL**

Shirehampton	Mendip Vale
Pioneer MG	Monpelier HC
Clevedon MC	Horfield Health
Cadbury Heath	Close Farm
Gloucester Rd	Nightingale Val
Courtside	Frome Valley
Air Balloon	Fishponds FP
Cleavelands/S Post	Eastville MP
Greenway	Kingswood
Westbury on Trym	Tyntesfield MG
Hanham Health	Cotswold
S View/Thornbury	Trowbridge

**WESSEX**

Westlands	Liphook & Liss
Wareham	Swanage
Wellbridge	Bosmere
Adam Practice	Denmark Road
Barton Webb	Highcliffe MC
Gosport MC	Wistaria/Milford
Ringwood MC	Salisbury
Abbeywell	Friarsgate
Oaks Healthcare	Old Fire Station
Park & St Francis	Three Chequers

**NOTTINGHAM**

Elmswood	Leen View
The Family MP	Riverlyn MC
Parkside MC	Rise Park
Fairfields	Derby Road
East Leake MG	Bilsthorpe
Brierley Park	Orchard MP
Collingham	Crown MP
Forest MG	The Valley
Torkard Hill	Daybrook MP
Roundwood	St George's MP
Ruddington	Churchside

**LINCOLNSHIRE**

Birchwood MP	Nettleham MP
Lindum MP	Glenside CP
Richmond MC	Welton Family
Bassingham	The Glebe
Parkside, Boston	Deepings
Cleveland Surgery	



Bristol, North Somerset and South Gloucestershire Clinical Commissioning Group

SUPPORTED BY **NIHR** National Institute for Health Research

**Newsletter for participants in the Best Emollients for Eczema study**

Web: [www.bristol.ac.uk/bee-study/](http://www.bristol.ac.uk/bee-study/)

Email: [bee-study@bristol.ac.uk](mailto:bee-study@bristol.ac.uk) Twitter: [@bee\\_study](https://twitter.com/bee_study)



We hope that all our BEE families are staying safe and well at this time.



**TO ALL PARTICIPANTS AND FAMILIES....**

Welcome to the 10<sup>th</sup> edition of our BEE study newsletter!



It will soon be time for us to present the results of the study to which you have contributed.

We thought it would be helpful to take this opportunity to let you know what happens next.

We also want, most importantly, to **thank you** very much for taking part.

**THE NEXT STEPS**

Researchers have finished the analysis of all the questionnaires you have completed. They have been comparing the effectiveness and acceptability of the different moisturisers your child has been using.



The research team along with a number of working groups which include doctors, nurses and pharmacists have been meeting to discuss the findings and how they might change treatments for future patients.



We hope that the results will help people to make choices about which type of moisturiser they use. Families already using a moisturiser will be able to see how their type compares to others and what other choices are available. For families looking to start or change moisturiser they will have better guidance on where to start first.

The research team will now draft papers for publication and these will be prepared by the end of May and ready to be published in medical journals this summer. The rules of publication mean that medical journals need to be ready to publish the papers before we can send you the results of the study. We will send you the findings as soon as we can; this will be sometime in the summer by way of a final newsletter.

**CORONAVIRUS AND ECZEMA**

If you have Coronavirus related eczema questions, dermatologist and member of the BEE research team Professor Hywel Williams has a useful question and answer page, and is happy to answer any additional questions.

Simply follow the link: <http://www.nottinghameczema.org.uk/information/covid-19-questions-answers.aspx>





**BEE** Best Emollients  
for Eczema

## BEE Main Trial Office

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Have you seen our BEE gallery  
with all your wonderful coloured  
in bees? Visit our website:  
[www.bristol.ac.uk/bee-study/](http://www.bristol.ac.uk/bee-study/)



@bee\_study

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## SPRING IS HERE!

Flare-ups of eczema often follow a seasonal pattern. It is not uncommon to find that eczema lies dormant most of the year, only to return when the weather turns colder or warmer.

From some, their eczema improves in the spring, but for others it has the opposite effect and their eczema is aggravated by seasonal changes in temperature that spring (and autumn) bring.

The Nottingham Eczema Support Group has a number of useful factsheets about eczema which can be found here:

<http://www.nottinghameczema.org.uk/information/index.aspx#LivingwithEczema>



If you are looking to make some Easter treats with your children, but have food allergy to work around, here is a recipe for allergy-friendly rice crispy cakes:

<https://www.scratchsleeves.co.uk/recipes/eczema-friendly-recipes-toddlers-kids/allergy-kids-rice-krispy-cakes/>



## STAYING IN TOUCH

Now that the study is coming to an end, we would like to have your permission to keep in touch with you, by following this link: <https://primarycare.onlinesurveys.ac.uk/stay-in-touch>

This is so we can:

- tell you how the findings of the BEE study change clinical practice
- invite you to take part in future, related research\*
- ask your opinions about eczema care
- share articles with you about eczema care



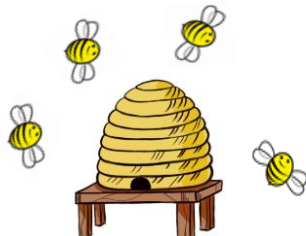
\* For example, following-on from the BEE Study, as part of her PhD supervised by BEE Chief Investigator Dr Ridd, Reshma Sultan is studying how people make trade-offs when choosing a moisturiser. The study will involve completing a one-off survey which asks about participants preferred choice of moisturiser using 'hypothetical scenarios'. The findings will help clinicians better understand user's preferences for different moisturisers.

## CONTACT DETAILS

Remember to update us ([bee-study@bristol.ac.uk](mailto:bee-study@bristol.ac.uk)) if your email address has changed as this is how we will contact you with the study results. You will also be able to follow the latest study news via twitter (@bee\_study) and our website ([www.bristol.ac.uk/bee-study](http://www.bristol.ac.uk/bee-study)).



## A big THANK YOU...



A huge THANK YOU  
again to all involved for  
your support!



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